

EVALUATION OF AN AYURVEDIC PAEDIATRIC PREPARATION FOR COLIC PAIN IN CHILDREN

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Abdominal colic is one of the most common symptoms in neonates and infants. 301 children suffering from abdominal colic were treated with gripe water having Ayurvedic ingredients Shatapuspa taila, Pudina taila, Sowa and Sarjikakshara, with the help of 20 family practitioners. The children were assessed clinically for 7 symptoms. Statistically significant improvement in all symptoms was observed [Pain in abdomen ($P < 0.001$), Flatulence ($P < 0.001$), Hiccup ($P < 0.001$), Diarrhoea ($P < 0.001$), Vomiting ($P < 0.001$), Irritability/Sleep ($P < 0.001$), and Burping ($P < 0.001$). The Ayurvedic gripe water was well tolerated in all the cases with minimal ill effects, which did not require withdrawal of the treatment.

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